More than 1 hour Serves 6 Share with friends Share on facebook Share on twitter Share on pinterest Share on whatsapp Share on email

Ingredients:

- $2\frac{1}{3}$  cups (500g) wholewheat flour
- 1 sachet (10g) instant yeast
- 2 tsp (10ml) salt
- 2 Tbsp (30g) butter, melted
- 1<sup>3</sup>/<sub>4</sub>-2 cups (430–500ml) lukewarm water
- 2 Tbsp (30ml) milk
- 1/4 cup (60ml) mixed seeds
- 2 Tbsp (30ml) Dijon mustard
- <sup>1</sup>/<sub>4</sub> cup (60ml) coriander pesto
- 2 salad tomatoes, thinly sliced
- 12 slices cheddar cheese
- 1 packet (125g) PnP smoked ham
- Large handful rocket leaves
- Salt and milled pepper



Method:

- 1. Mix flour, yeast and salt together in a large bowl.
- 2. Add butter and just enough water to form a soft dough.
- 3. Turn onto a lightly floured surface and knead until elastic.
- 4. Place dough in a clean bowl and cover with a dishcloth.
- 5. Set aside to prove for 45 minutes or until it has doubled in size.
- 6. Preheat oven to 180°C.
- 7. Knock dough down and shape into a thick sausage.
- 8. Shape sausage into a ring, joining ends firmly.
- 9. Brush with milk and sprinkle seeds on top.
- 10. Bake for 45-60 minutes or until golden. (Bread should sound hollow when tapped).
- 11. Set aside to cool.
- 12. Slice off the top half of bread and spread with mustard.
- 13. Spread bottom half with pesto.
- 14. Layer tomatoes, cheddar, ham and rocket leaves on top of pesto. Season.
- 15. Place mustard half on top and tie with a few pieces of string to secure.
- 16. Slice into 6 and serve.